The Impacts of COVID-19 on Wyoming Women

WYSAC surveyed Wyoming women and found a broad range of COVID-19 impacts.

**Employment**
- 20%: They or someone in their household had their pay cut
- 39%: They or someone in their household had work hours reduced
- 13%: They or someone in their household lost a job

**Food & Medical**
- 17%: Worried their food would run out before getting money to buy more, more often than before COVID-19
- 33%: They or someone in their household avoided seeking medical care when they normally would have

**Caring for Children**
- Of women who had children in their household,
  - 35%: 1 adult household
  - 21%: 2+ adult household
  - 30%: Reported their child did not always have a safe place to go while they were at work or school
  - 14%: Worried about job loss because of childcare
  - 74%: Reported school or daycare closure had a moderate or severe impact on daily life
  - 67%: 1 in 5 moms were single mothers

1 in 3 women had children in their home
The Impacts of COVID-19 on Wyoming Women

Since COVID-19, Wyoming women reported an increase in:
- Feeling tired or having little energy: 42%
- Trouble falling or staying asleep or sleeping too much: 37%
- Feeling down, depressed, or hopeless: 38%
- Trouble concentrating on things: 23%

Knowledge of Resources:
- Of all women, 20% of women with mental health concerns did not know where to get help for mental health.
- 31% of women with food insecurities did not know where to get help getting food.
- 58% of women with financial concerns did not know where to go for financial assistance.

Of all women, 1 in 5 didn’t know where to find help for mental health concerns or getting food if they needed it.
2 in 5 didn’t know where to find financial help if they needed it.

Financial

Since COVID-19, Wyoming women reported “slightly” or “significantly” more difficulty paying for:
- Rent or mortgage: 13%
- Medical care: 15%
- Utilities: 12%
- Telephone: 12%

Mental Health

About the Survey

This survey was conducted between June 16th and June 22nd, 2020 among a randomly selected sample of Wyoming residents who are members of WYSAC's WyoSpeaks panel.

For more information about this survey, go to wysac.uwyo.edu/covidwomen. For more information about the WyoSpeaks panel, please email wysac.src@uwyo.edu

The Wyoming Community Foundation is the Wyoming KIDS COUNT partner of the Annie E. Casey Foundation. This research was funded by the Annie E. Casey Foundation and produced by the Wyoming Survey & Analysis Center at the University of Wyoming. We thank the Casey Foundation for their support but acknowledge the findings and conclusions presented in this report are those of the authors alone and do not necessarily reflect the opinions of the Casey Foundation.